13 April 2020



#### **Dear Fx Health Community,**

The past few weeks have been a true testament of how humanity has overcome many challenges by standing together. By calling on our communities for assistance and support.

#### Fx Health is no different. We are here to serve our community!

We have initiated our first newsletter as a way of supporting our current patients but also anyone who has a need for community. In a time of uncertainty we would like to create certainty!

## OUR ADMIN TEAM CAN TAKE YOUR CALL

Feel free to contact us on 021 461 2457 or email us on <a href="mailto:info@fxhealth.co.za">info@fxhealth.co.za</a> to speak to Rozaan, Hakeem or Melissa!



## DR B & DELYA ON STANDBY

Dr Lienka Botha (GP) & Delya Twynam (Physiotherapist) will continue to provide our patients DBC Active Spinal support! Phone our rooms, leave a message and we will get back to you at the soonest.





# HOME BASED PROGRAMS TO OUR CURRENT PATIENTS

Our physiotherapists are using Physiapp to support you with your homebased program. Do not hesitate to email us or phone our rooms for assistance.



We understand that the COVID19 pandemic and the current lockdown has had a great impact on your physical and mental health.

We would like to introduce Lourensa Loubser, Psychology Counsellor and Lezanne Fieuw, Occupational Therapist.

\*Please note the Psychology and OT services are not currently covered by the DBC Benefit.

### LOURENSA LOUBSER PSYCHOLOGY COUNSELLOR

Lourensa Loubser, a registered
Psychological Counsellor with a BA
Psychology Counselling degree and an
<a href="https://www.lourensacourisel.com">www.lourensacourisel.com</a>
0723923326



## ENABLE|ADAPT | RESTORE

FIEUW Occupational Therapy is a vocational rehabilitation practice based in Cape Town. Lezanne Fieuw provides services which enables individuals to return to meaningful occupation

w**064.520.141.73**.za





